Thank you for applying for our GT Certified Healthy Department pilot. We hope to do this every year.

Where we work and how we feel about work can depend not only upon our own health and well-being but that of our work place. Georgia Tech is committed to promoting, nurturing and enriching a community of health, well-being and caring, harmonizing all five dimensions of health and well-being: physical, social, professional, emotional, and spiritual. Our vision is that our employees and students flourish and be fulfilled individually and within our communities where we live, learn, work and play.

By becoming a Certified Healthy Department, your department has demonstrated a commitment to fostering health lifestyle choices while at work. This application and the questions in each dimension focus on two aspects: department leadership and department participation.

This application is not meant to be filled out in a single setting; rather, it is meant for someone in each department to take time to read all of the questions, gather information on what your department currently does, and then fill out the application according to your assessment. You may want to gather the information and complete this application at a staff meeting so that the process is collaborative and the work responsibilities are shared. A downloadable version of the application is available on the website for you to utilize. There may be items on this application that get your department thinking about how to expand your health and well-being practices.

The application was designed for your department to discuss how you approach health and well-being in your own way and to give your department ideas on how you can expand your own knowledge and practice of healthy, positive behaviors. It is also meant to be used as a tool to determine the areas your department excels and the areas that could use more attention to promote a community of total well-being. We are asking that departmental leaders demonstrate their commitment to health & well-being by signing the Department Approval Form.

No department is expected to have 100% completion. Three levels of Healthy Department will be awarded – Gold Certified, Certified, and “Striving to Be” Certified, as all who apply will receive recognition for their commitment to a Healthy Department. There may be areas of health and well-being that we missed in this pilot program, and we hope you will give us feedback at the end about questions we should include next year or ways we can improve this application.
If interested, please complete the mini grant application at the end. Tell us how your department would spend a $250 grant to promote health and well-being among your employees. Staff Council has funded four of these grants.

Applications will be available Friday, March 3rd, and they are due by Friday, April 14th. Certified Healthy Departments and grant winners will be announced by President Peterson at the President’s Walk on Thursday, May 11, 2017. For questions about completing this application or for more information on Certified Healthy Departments, please visit hwb.gatech.edu/certifiedhealthy or email Caroline Dotts: caroline.dotts@crc.gatech.edu.

Thank you for your commitment to a Smart & Happy Georgia Tech. I look forward to celebrating with you in May at the President’s Walk.

In Health,

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